

DECISION POWER HEALTHY DISCOUNTS

MEMBER DISCOUNTS

At Health Net, we believe good health is more than the absence of illness. Our Decision Power Healthy Discounts program rewards you for being a member and supports your good health! Health Net members can log on to healthnet.com and click on *Decision PowerSM Health and Wellness > Member Discounts* to learn more about these discounts and how to access them.

COMPLEMENTARY HEALTH CARE

Acupuncture, Chiropractic, Massage and Nutrition Counseling

Up to 25% off acupuncture, chiropractic, nutrition counseling and massage therapy services. For a listing of contracted providers, visit www.choosehealthy.com or call American Specialty Health Networks (ASH Networks) at 1-877-335-2746. Then call the provider you choose and schedule an appointment. At your office visit, show your Health Net ID card.

EMERGENCY MEDICAL SERVICE INFORMATION

MedicAlert[®]

Health Net members can now receive a substantial first-year and annual savings when you subscribe to MedicAlert. In the event of an emergency, first responders worldwide will know to call MedicAlert to retrieve important personal health information. For persons with existing medical conditions, this greatly reduces the chance of medical errors, allergic reactions and medication interactions. With the family notification, your loved ones will be contacted so you are not alone in a time of a crisis. Unlimited updates and a complete printout of your health history are also available. Health Net members pay \$25 for an annual membership (savings of 35%) or \$65 for a 3-year membership (a 25% savings). For more information or to enroll, call 1-800-432-5378, M-F, 6 a.m. to 7 p.m. PST or Saturday, 8 a.m. to 5 p.m. PST. Members can log on to healthnet.com and click on *Decision PowerSM Health and Wellness > Member Discounts* for more information. Bracelets are available in many styles and are not included in this offer.

EYE EXAMS AND EYEWEAR

A variety of savings and hundreds of providers are offered through the following vision plans:

EyeMasters Vision

Annual routine eye exams are provided at a 20% discount. Contact lenses are offered at a 20% discount for traditional lenses, 10% on disposable contact lenses and 20% on contact lens fit and follow-up. Members can receive a 15% discount on prepackaged collections of frames and lenses (priced as one) or a 35% discount on select frames. If you have questions regarding this discount plan, simply dial 1-800-340-0129 or visit www.ecca.com to find the location nearest you.

EyeMed Vision Care

Discounts on eye exams, frames and lenses at more than 20,000 locations including JCPenney Optical, LensCrafters, Target Optical and most Sears Optical and Pearle Vision locations.

- \$10 off contact lens exam and \$5 off routine eye exam
- 15% off retail price for conventional contact lenses
- 35% off retail price of any available frame at provider location*
- \$50 single vision, \$70 bifocal, \$105 trifocal plastic lenses*
- 15% discount on retail Laser Vision Correction or 5% off the promotional price.

For locations, contact EyeMed at 1-866-559-5252, M-Sat., 5 a.m. to 8 p.m. PST or Sunday, 8 a.m. to 5 p.m. PST. Or go to www.eyemedvisioncare.com to find a convenient location. Visit www.eyemedvisioncare.com > *Members > Login/Register* and select "H" under the Discount Plan Members to view Health Net discount program information (plan 9235003). Bring the group number and your Health Net ID card to an authorized provider to redeem the discount.

*The discount is available only when a complete pair of glasses is purchased. Items purchased separately will be discounted 20% off the retail price.

CHILDREN'S FITNESS

My Gym

Physical fitness is vital to the health of youngsters. My Gym (*Entrepreneur Magazine's* #1 Children's Fitness Program, 2005-06) combines state-of-the-art facilities and innovative and carefully structured, non-competitive programs to help your child develop physically while building their confidence and self-esteem.

Parent participation and independent classes as well as fantastic birthday party packages are offered. Health Net members receive 50% off Lifetime Membership (up to \$25 value) and one free guest class. Present Health Net ID to secure this discount. Members can visit www.mygym.com to locate a convenient My Gym.

(cont. on next page)

Sports4Kids.com

Members can obtain a discount on sports uniforms, tandem bikes, skateboards, golf clubs, soccer balls and more.

Receive 10% off a wide selection of fitness apparel and equipment designed for kids, youth and adults — even jogging strollers to stay active with your kids. To view and order products, go to www.sports4kids.com or call 1-800-864-0880. When ordering, mention or write “HNS4” to obtain the discount. The discount will not be valid with other coupons, discounts and/or free shipping.

FITNESS CLUB DISCOUNTS

ChooseHealthy™

With ChooseHealthy, Health Net members will receive either a minimum 10% discount off the initiation and/or monthly dues, or the best available public rate based on the type of membership selected. Rates vary according to the size, location, facility and programs offered. All clubs meet industry-specific clinical and safety standards.

Members are eligible for an unlimited number of one-week introductory certificates free of charge (certificates may not be combined at the same club). Members can try out several contracted fitness clubs to find the right club. To search for a fitness club in your area, refer to the listing within this brochure, or log on to healthnet.com > *Decision PowerSM Health and Wellness > Member Discounts* and print out a one-week introductory certificate. You can also call 1-877-335-2746 for more information.

FITNESS EQUIPMENT AND APPAREL

Reebok, Greg Norman and Rockport

Health Net members can receive 20% off name-brand products at Greg Norman, Reebok and Rockport outlet and retail stores. To redeem the discount a coupon must be presented at checkout. Log on to www.reebokoutlet.com/healthnetmembers and print a coupon to secure your discount and find locations. The discount coupon cannot be used with any other coupon, group offer, member discount or Foot Search program. The discount coupon cannot be used for online purchases. For more information go to healthnet.com > *Decision PowerSM Health and Wellness > Member Discounts*.

HEALTH PRODUCTS AND ONLINE RESOURCES

ChooseHealthy™

ChooseHealthy offers discounts on a broad selection of industry-leading, quality health improvement products, with free shipping on most items. Choose from popular health books, DVDs, vitamins and supplements, nutrition, skin care, yoga and other products. You'll also find a library full of health articles and information, including dietary supplement and interaction guides. Visit www.choosehealthy.com or call 1-877-335-2746 for a product catalog.

Yoga Journal Subscription and DVDs

Health Net members can be guided to more healthful living by subscribing to *Yoga Journal* for just \$14 for nine issues, plus receive *Yoga Remedies* as a free gift. This is a great savings of 69% off the cover price. To subscribe at the Health Net rate, log on to healthnet.com > *Decision PowerSM Health and Wellness > Member Discounts* or call 1-800-873-8807. Health Net members also receive 15% off *Yoga Journal* DVDs and VHS.

HEARING EVALUATIONS AND AIDS

Arizona HearCare Network

Health Net members receive a diagnostic audiological hearing evaluation for \$25 and a 30% discount for standard hearing aids or a 15% discount for digital or programmable hearing aids. Also, members receive a free hearing aid evaluation and a 15% discount on hearing aid repairs. For a listing of providers, call 1-800-532-3331 or visit www.arizonahearcare.com.

Newport Audiology Centers

Health Net members age 10 to 64 receive a complete hearing evaluation for \$30 and a 30% discount on Newport's standard prices for hearing aids. Plus, members who purchase a hearing device receive at no charge a 2-year warranty (including loss and damage coverage), 1-year of batteries (up to 48 cells) per aid purchased, unlimited counseling follow-up visits and more. For more information, call 1-800-675-5485 (M-F, 6:30 a.m. to 5 p.m.) or visit www.newaud.com/healthnet.

Beltone™ Hearing Centers

Health Net members and their immediate family members (grandparents, parents, spouse and children) will receive the following benefits at any of over 1,450 Beltone Hearing Care Preferred Providers locations.

- Free hearing screening to determine the extent of hearing loss.
- 25% retail discount off the price of any Beltone Hearing Aid with digital, programmable and analog technologies.
- BelCare™ Member Satisfaction Plan that ensures consistent delivery of service regardless of the Beltone location.
- Lifetime Care Program to clean, inspect, adjust and service your hearing aid at any Beltone location in the United States for the life of your hearing aid.
- Free 2 year warranty and lost, stolen or damaged protection coverage.

National finance options are available. For more information, call 1-800-Beltone (1-800-235-8663). For hearing care information and provider location information visit www.beltone.com.

LASIK OR PRK SURGERY

Barnet Dulaney Perkins Eye Center

Members receive a 15% discount on billed charges for LASIK surgery with VISX and Wavelight laser. Call 1-800-966-7000 or visit www.goodeyes.com for more information or a listing of providers.

Health Net members can receive special low membership rates at the following fitness clubs. Just show your Health Net ID card at the time you join to receive your discount. Please contact the fitness club you are interested in for exact discounts and membership fees.*

CITY	CLUB NAME	ADDRESS	PHONE
Apache Junction	Curves	10633 E Apache Tri Ste A101	480/380-0822
	Saguaro Family Fitness Center	305 N Plaza Dr	480/982-7794
Arizona City	Curves	13350 S Sunland Gin Rd # A2	520/466-6660
	Tri Valley Fitness	10601 W Battaglia Rd	520/466-5277
Avondale	Jazzercise	10825 W Garden Lakes Pkwy	623/932-2232
Benson	Curves	688 W 4th St Ste B	520/586-2477
Buckeye	Curves	1480 S Watson Rd Ste D-101	623/386-3507
Bullhead City	Contours Express	2250 Hwy 95 Ste 396	928/763-5885
	Curves	1751 Hwy 95 Ste 183	928/704-4191
	Laguna Health Club	967 Hancock Rd Ste 65	928/704-4610
	Mad Dog Fitness	2350 Miracle Mile Dr Ste 370	928/704-7717
Camp Verde	Curves	564 S Main St	928/567-3851
Carefree	Curves	25 Easy St	480/437-1088
Casa Grande	Circuit Werx Health & Fitness	422 N Florence St	526/421-2318
	Curves	302 E Cottonwood Ln	520/423-2458
	Snap Fitness Casa Grande	973 E Cottonwood Ln	520/423-0123
Cave Creek	Curves	29850 N Tatum Blvd Ste 115	480/473-0123
	Snap Fitness Cave Creek	4705 E Carefree Hwy Ste 131	480/710-7893
Chandler	Apollo's Gym & Dance Studio	3002 N Arizona Ave Ste 10-11	480/836-5883
	Curves	1949 W Ray Rd Ste 27	480/786-3909
	Curves	2860 S Alma School Rd Ste 32	480/917-5700
	Curves	4960 S Gilbert Rd Ste 2	480/883-2300
	Curves	6245 W Chandler Blvd Ste 5	480/753-5503
	Jazzercise	670 N Arizona Ave	480/205-9148
	Mountainside Fitness	1920 S Alma School Rd	480/732-9777
	Pure Fitness	3029 E Alma School Rd	480/456-6400
Chino Valley	Curves	734 S Hwy 89	928/636-7466
Coolidge	Curves	903 N Arizona Blvd Ste A & B	520/723-1001
Cottonwood	Cottonwood Curves	1405 E Hwy 89A	928/639-0039
Dewey	Victory Fitness	12075 E Hwy 69 Ste D	928/772-6864
Douglas	Curves	1346 N San Antonio Ave Unit L	520/364-2226
El Mirage	Curves	12550 W Thunderbird Rd Ste 112	623/977-9446
Flagstaff	Curves	1401 S Plaza Way	928/774-6130
	Curves	2581 E 7th Ave	928/214-6135
	Jazzercise	2412 N 3rd St	928/526-6567
	Jazzercise	417 W Santa Fe Ave	928/774-7999
	Peaks Weightlifting Club Inc	1819 N Center St	928/774-5438
	Summit Health and Fitness	1301 W University Ave	928/774-3476
Florence	Curves	230-A N Main St	520/868-0035
Fort Mohave	Curves	5225 S Highway 95 Ste 10	928/788-3808
Fountain Hills	Curves	16730 E Palisades Blvd Ste 4	480/837-8688
	Jazzercise	16737 E Parkview Ave	480/661-3948
	Peaks Fitness	13212 Saguaro Blvd	480/816-3348
	Snap Fitness Fountain Hills	13525 N Fountain Hills Blvd	602/540-8422
Gilbert	Curves	1534 E Ray Rd Ste 118	480/917-0020
	Curves	1543 W Elliot Rd Ste 102	480/558-1070
	Curves	3317 S Higley Rd Ste 109	480/988-2449
	Mountainside Fitness	725 W Warner Rd	480/814-8675
	Premier Pilates	425 W Guadalupe Rd Ste 118	480/777-1061

CITY	CLUB NAME	ADDRESS	PHONE
Gilbert (cont.)	Snap Fitness Gilbert	743 S Lindsay Rd	480/539-0114
Glendale	Contours Express	5826 W Olive Ave Ste 102	623/937-2900
	Contours Express of Glendale	5930 W Greenway Rd Ste 16	602/866-8585
	Curves	23425 N 39th Dr Ste 105	623/869-8840
	Curves	5044 W Cactus Rd Ste B	602/863-3601
	Curves	5102 W Northern Ave Ste 2	623/931-5071
	Curves	6020 W Bell Rd Ste E102	602/863-4886
	Curves	8345 W Glendale Ave	623/877-8840
	Curves	6635 W Happy Valley Rd Ste A105	623/376-6977
	Fitness One	3515 W Union Hills Dr Ste 110	602/504-3988
Jazzercise	21000 N 75th Ave	623/322-9806	
Globe	Curves	190 N Willow St	928/425-0077
Gold Canyon	Curves	5301 S Superstition Mountain Dr # A-102	480/982-0333
Goodyear	Curves	1400 N Litchfield Rd Ste F2	623/925-9850
	Powerhouse Gym	255 N Litchfield Rd	623/882-3700
	TJ's Fun & Fitness	14555 W Indian School Rd Ste 400 B	623/935-9223
Green Valley	Body Start Health & Fitness	1660 W Commerce Point Pl	520/399-3405
	Curves	101 S La Canada Dr Ste 67	520/625-0630
Kingman	Curves	3531 N Moore St Ste 1	928/692-0011
	Jazzercise	1719 E Beverly Ave	928/757-2101
	Kingman Fitness & Racquetball Club	1950 Kino Ave	928/757-1111
Lake Havasu City	Curves	2126 McCulloch Blvd N Ste 1	928/854-9293
Lakeside	Jazzercise	1360 N Niels Hansen Ln	520/369-1640
Laveen	Curves	5030 W Baseline Rd Ste 135	602/237-1878
Litchfield Park	Contours Express	5115 N Dysart Rd Ste 206	602/980-3814
	Curves	14044 W Camelback Rd # 118	623/536-9339
Maricopa	Curves	20928 N John Wayne Pkwy Ste C3	520/568-0202
Mesa	Contours Express	2706 E University St Ste 4	480/827-0523
	Curves	1337 S Gilbert Rd Ste 105-A	480/892-2618
	Curves	1919 E McKellips Rd Ste B1	480/844-2900
	Curves	6017 E McKellips Rd Ste 111	480/218-9500
	Curves	7133 E Main St	480/325-4964
	Curves	7641 E Guadalupe Rd Ste B-103	480/969-5856
	Curves	832 W Baseline Rd Ste 12	480/838-2151
	Goldens Family Fitness	3005 S Coyote Canyon	480/497-9989
	Golden's Family Fitness Center	931 S Gilbert Rd	480/497-9989
	Gold's Gym	1046 S Country Club	480/833-0099
	Gold's Gym	2156 E Baseline Rd	480/497-8686
	Jazzercise	4450 E McLellan Rd	480/644-0704
	Jazzercise	7440 E Main St	480/641-7377
	Mountainside Fitness	1253 N Greenfield Rd	480/889-1865
	MOVE! Creative Health & Fitness Solutions	2222 S Dobson Rd Ste 900	480/345-6683
	Slim and Tone	5057 E McKellips Rd Ste 104	480/218-7546
Slim and Tone	9911 E Baseline Rd Ste 101	480/380-3562	
Snap Fitness Mesa	2025 S Alma School Rd	602/315-0781	

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Nogales	Curves	479 W Mariposa Rd	520/281-0992
	Jazzercise	1138 N Bankerd Ave	520/761-8343
Oro Valley	Curves	10355 N La Canada Dr	520/544-8510
	Jazzercise	11143 N La Canada Dr	520/349-4335
	Jazzercise	1565 E Rancho Vistoso Blvd	520/906-8872
	Lady of America	12142 N Rancho Vistoso	520/297-5239
Page	Curves	608 Elm St	928/608-6040
Paradise Valley	Jazzercise	4455 E Lincoln Dr	602/840-5013
Parker	Curves	1014 W 11th St	928/669-9400
Payson	Club USA	113 W Main St Ste B	928/474-2582
	Curves	242 E Hwy 260	928/474-9797
	Payson Athletic Club	400 E Hwy 260 Ste F	928/474-0916
Peoria	Curves	20470 N Lake Pleasant Rd Ste 103	623/561-1122
	Curves	7420 W Cactus Rd Ste B1	623/979-7703
	Curves	8987 W Olive Ave Ste 130	623/773-2227
	Gold's Gym	8440 W Thunderbird Rd	623/334-4653
	Inches-A-Weigh	7545 W Bell Rd	623/979-1100
	Ladies Workout Express	8960 W Bell Rd Ste A 105	623/875-1718
	Snap Fitness Peoria	18969 N 83rd Ave	623/376-7627
Phoenix	Castle Sports Club	11420 N 19th Ave	602/331-2582
	Central Park Square Athletic Club	2020 N Central Ave Ste L100	602/252-0092
	Contours Express	1635 E Baseline Rd Ste 107	602/323-0970
	Contours Express	4819 N 83rd Ave	623/247-1025
	Curves	10201 N 35th Ave Ste 1-E	602/439-1950
	Curves	1227 E Northern Ave	602/861-1500
	Curves	15410 S Mountain Pkwy Ste 101	480/759-4340
	Curves	15440 N 7th St Ste 6	602/993-4333
	Curves	18635 N 35th Ave	623/582-5153
	Curves	2201 N 83rd Ave Ste 108	623/247-3400
	Curves	2313 E Bell Rd	602/765-3730
	Curves	2632 S 83rd Ave Ste 106	623/936-5746
	Curves	3031 E Indian School Rd	602/956-1010
	Curves	3101 E Cactus Rd Ste A-1	602/404-2064
	Curves	3636 N Central Ave Ste 160	602/222-4383
	Curves	4139 W Bell Rd Ste 2	602/789-7000
	Curves	4539 E Thomas Rd Ste 105	602/808-0034
	Curves	602 W Union Hills Dr Ste 5	623/869-7003
	Curves	5555 N 7th St Ste 136	602/274-4383
	Fitness West	6850 W Indian School Rd	623/846-6884
	Foothills Athletic Club	3830 E Ray Rd	480/704-8670
	Gold Key Racquet Club	12826 N 3rd St	602/993-1900
	Gold's Gym	5031 E Elliot Rd	480/961-1000
	Jazzercise	12228 N Cave Creek Rd	602/992-1552
	Jazzercise	3435 W Pinnacle Peak Rd	602/942-5590
	Jazzercise	3559 W Northern Ave	602/526-9438
	Jazzercise	5125 E Thomas Rd	480/759-1199
	Ladies Workout Express	731 E Union Hills Dr Ste B-5	602/867-1905

CITY	CLUB NAME	ADDRESS	PHONE	
Phoenix (cont.)	Lifestart Wellness Network	2909 N Central Ste 300	602/266-2010	
	North Phoenix Health Institute	750 E Thunderbird Rd Ste 3	602/942-3276	
	North Phoenix Health Institute	750 E Thunderbird Rd Ste 4	602/942-3992	
	Phantom Horse Athletic Club and Spa	7777 S Pointe Pkwy	602/431-6519	
	Phoenix Women's Fitness and Speciale Spa	8027 N Black Canyon Hwy Ste 401	602/242-7546	
	Pure Fitness	3202 E Greenway Rd	602/482-6600	
	Pure Fitness	8047 N 35th Ave	888/687-4584	
	Pure Fitness	4147 W Thunderbird Rd	602/862-0003	
	Renaissance Athletic Club	2 N Central	602/256-0844	
	Sports Club at City Square	4000 N Central Ave Ste 110	602/285-2929	
	The Fitness Institute Camelback	4343 E Camelback Rd Ste 150	602/522-8342	
	Pinetop	Curves	1450 E White Mountain Blvd	928/367-5522
		Pinetop Fitness Zone	857 E White Mountain Blvd	928/367-1133
Prescott	Prescott Racquet Club	1 Kingswood Dr	928/776-7150	
	Freedom Fitness	3600 Ranch Dr	928/442-1300	
	Snap Fitness Prescott	2971 Willow Creek Rd	928/443-1309	
Prescott Valley	Curves	8008 E Yavapai Rd Ste D	928/775-5750	
Queen Creek	Contours Express	2510 E Hunt Hwy Ste 19	480/457-1900	
	Curves	23858 S Power Rd Ste 104	480/840-3000	
Saddlebrooke	Jazzercise	38759 S Mountain View Blvd	520/349-4335	
Safford	Curves	1904 W Thatcher Blvd	928/428-0211	
Sahuarita	Jazzercise	1300 W Sahuarita Rd	520/744-6082	
Saint Johns	Curves	790 W Cleveland St	928/337-3123	
Scottsdale	Core Fitness	7500 E Pinnacle Peak Ste A100 & A109	480/620-3000	
	Curves	10135 E Via Linda Ste C-113	480/391-1648	
	Curves	10405 E McDowell Mountain Ranch Rd #3	480/473-3473	
	Curves	15050 N Northsight Blvd Ste 103	480/905-8288	
	Curves	4408 N Miller Rd Ste 104	480/970-5541	
	Curves	9832 N Hayden Rd Ste 200	480/368-7223	
	Edge Fitness	7117 E Mercer Ln	480/483-2898	
	Fitness Experience	10155 E Via Linda	480/451-7650	
	Gainey Village Health Club & Spa	7477 E Doubletree Ranch Rd	480/609-6979	
	Gold's Gym	14843 N Northsight Blvd	480/661-1022	
	Jazzercise	20199 N 78th Pl	480/575-6887	
	Jazzercise	6140 E Thunderbird Rd	602/526-1025	
	Jazzercise	7525 E Grayhawk Dr	480/575-6887	
	Jazzercise	7901 E Sweetwater Ave	480/419-1188	
	Mountainside Fitness	11611 E Sahuaro Dr	480/889-8889	
	Mountainside Fitness	9375 E Bell Rd	480/502-2096	
	Scottsdale Athletic Club	8225 E Indian Bend Rd	480/991-1571	
Slim and Tone	2765 N Scottsdale Rd	480/947-7546		
Snap Fitness Scottsdale	4855 E Greenway Rd	602/404-7098		
Synergy Body Movement Studio	4130 N Goldwater Blvd Ste 225	480/429-0076		
World Gym	2950 N Hayden Rd	480/945-6060		

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Sedona	Curves	2370 W 89-A	928/282-0035
	Jazzercise	100 Arroyo Roble Rd	928/282-1273
	Jazzercise	100 Racquet Rd	928/282-1273
	Village Fitness	35 Bell Rock Plaza Ste B	928/284-1605
Show Low	Fit Chics Ladies Only Fitness Center	801 E Deuce of Clubs Ste A	928/537-6442
	Ironworks Gym	861 E Cooley St Ste B	928/537-2930
Sierra Vista	Buena Health Fitness Center	4341 S State Hwy 92	520/378-2462
	Curves	714 E Wilcox Dr Ste C	520/458-4773
Snowflake	Curves	815 N Main Street Ste B	928/536-2201
Springerville	Curves	830 E Main St Unit 110	928/333-0479
Sun City West	Jazzercise	13800 W Deer Valley Dr	623/584-5911
Sun Lakes	Curves	9666 E Riggs Rd Ste 145	480/895-1664
Surprise	Curves	12751 W Bell Rd Ste 11	623/875-2575
	Healthnut Fitness & Spa for Her	14991 W Bell Rd	623/594-1833
	Mountainside Fitness	15455 W Bell Rd	623/889-0374
Tempe	Curves	1006 E Warner Rd Ste 111	480/456-5120
	Curves	107 E Baseline Rd Ste 3	480/894-5120
	Curves	851 W University Dr	480/921-1887
	Jazzercise	7070 S Rural Rd	480/730-4523
	Jazzercise	931 E Elliot Rd	480/503-0002
	Moving Breath Pilates	1801 S Jen Tilly Ln Ste C20	480/731-3101
	Pure Fitness	1090 E Baseline Rd	480/505-6388
	Pure Fitness	1840 E Warner Rd	480/456-6400
Sole Fitness	1700 E Elliot Rd Ste 17	480/491-6799	
Tubac	Crista's Totally Fit Health & Wellness Center	70 W El Burro Lane	520/398-9940
Tucson	Ariella II	4767 E Camp Lowell Dr	520/319-1922
	Arizona Swim & Fitness	1290 W Prince Rd	520/408-2888
	Arizona Swim & Fitness	3346 S 6th Ave	520/622-0001
	Body Basic Health and Fitness	7355 N Oracle Rd Ste 111	520/498-0359
	Body Parts Health & Fitness	6211 E 22nd St	520/745-0060
	Contours Express	1197 W Irvington Rd Ste 119	520/573-3737
	Curves	15615 N Oracle Rd Ste 115	520/818-1001
	Curves	2040 W Orange Grove Rd	520/531-9181
	Curves	2816 N Campbell Ave	520/326-1251
	Curves	3191 E Valencia Rd Ste 107	520/884-4818
	Curves	3841 E Broadway Blvd	520/320-9700
	Curves	4145 W Ina Rd Ste 151	520/572-0023
	Curves	4343 N Oracle Rd Ste D	520/293-3303
	Curves	150 S Houghton Rd #140	520/751-4242
	Curves	5671 E Speedway Blvd	520/546-4200
	Curves	5975 N Western Way Circle	520/578-3763
	Curves	6330 N Campbell Ave Ste 120	520/232-0390
	Curves	6860 E Sunrise Dr	520/299-2111
	Curves	6970 E 22nd St Ste 106	520/514-8700
	Curves	8250 W Cortaro Rd	520/579-9353
	Curves	9136 E Valencia Rd Ste 130	520/664-0400
	Curves	9155 E Tanque Verde Rd Ste 127	520/749-7401

CITY	CLUB NAME	ADDRESS	PHONE
Tucson (cont.)	Curves	918 W Irvington Rd Ste 100	520/294-2000
	Desert Sports & Fitness	2480 N Pantano Rd	520/722-6300
	Fast Fitness for Women	15631 N Oracle Rd Ste 111	520/818-3481
	Flex Gym	3327 N 1st Ave	520/623-0000
	Gold's Gym	110 S Church Ave	520/623-6300
	Gold's Gym	5851 E Speedway	520/751-0303
	Gold's Gym	7315 N Oracle	520/297-8000
	Jazzercise	10355 E 29th St	520/721-1479
	Jazzercise	4529 E Broadway Blvd	520/721-7789
	Jazzercise	4955 N Sabino Canyon Rd	520/577-2865
	Jazzercise	504 E Fort Lowell Rd	520/743-3705
	Jazzercise	6906 N Camino Martin	520/403-8893
	Jazzercise	8302 E Broadway Blvd	520/885-9349
	Ladies Workout Express	2480 N Silverbell Rd Ste 100	520/903-2500
	Ladies Workout Express	3603 W Cortaro Farms Rd	520/579-6711
	Ladies Workout Express	9190 N Coachline Blvd Ste 100	520/572-2423
	Midvalley Athletic Club	140 S Tucson Blvd	520/792-3654
	ProFitness Arizona	7223 E Golf Links Rd	520/290-3488
	Red Monkey Studio	6330 N Campbell Ave	520/232-0534
	Snap Fitness Tucson1	8816 E Broadway Blvd	520/546-1114
Snap Fitness Tucson2	1970 W River Rd	520/546-1114	
Tucson Hilton El Conquistador Golf & Tennis Club	10555 N La Canada	520/544-1900	
X Sport Fitness	4082 E 22nd St	520/400-9573	
Vail	Curves	13190 E Colossal Cave Rd Ste 130	520/762-0225
	Jazzercise	1138 N Bankerd Ave	520/761-8343
Wickenburg	Curves	628 W Wickenburg Way	928/684-5400
Winslow	Curves	616 Lee St	928/289-2255
Yuma	Contours Express	11274 S Fortuna Rd Ste B5	928/342-6366
	Curves	11411 S Fortuna Rd Ste 114	928/345-1726
	Curves	1701 S Avenue B Ste 111	928/819-6941
	Snap Fitness Yuma	1200 S Castle Dome Ave	928/782-3939

*Information in this directory is subject to change without notice. Please contact the fitness club to confirm its participation in the ASH Networks and to verify exact discounts and membership fees.

EyeMed Vision Care

Members receive a 15% discount on retail Laser Vision Correction or 5% off the promotional price. You can access your discount by calling 1-877-5LASER6.

TLC Laser Eye Centers

Receive a complimentary evaluation for LASIK candidates and comprehensive pre-surgical testing. Candidates also save 10% off usual and customary procedure fees or 5% off promotional pricing. For more information, go to www.tlcvision.com.

TruVision™

Laser Vision Correction (LASIK) as low as \$895 per eye. Health Net members can save 10% off usual and customary pricing and 5% off promotional pricing. Also, members can take advantage of up to a 50% discount on contact lenses. To order, call 1-877-929-2020 (M-F, 6 a.m. to 6 p.m.) or visit www.truvision.com.

PREGNANCY & CHILDBIRTH

Pregnancy MattersSM

Pregnancy Matters is free to all expectant mothers who are Health Net members and have pharmacy benefits. The program encourages members to seek medical care early to help ensure healthy outcomes for both mother and baby. Also available is a prenatal coupon good for no copay on "Preferred Generic" prenatal vitamins and childbirth education reimbursement. Members can call 1-800-888-8403 for program details.

Safe Beginnings Program

Members save 15%* on Safe Beginnings products. Choose from the largest selection of safety gates, cabinet locks, outlet covers, window guards and many other babyproofing products. You'll also find home safety basics including fire escape ladders, carbon monoxide detectors and first aid items. Specialty baby and toddler items such as a one-of-a-kind folding car seat, European feeding chairs and infant-safe playmats are also offered. To order, visit www.safebeginnings.com or call 1-800-598-8911 and be sure to mention you are a Health Net member or Code: HNW.

*Any exclusions that apply are noted along with the product information. Not valid in conjunction with any other discount or promotion. Not valid on prior purchases. Safe Beginnings is a registered trademark of Safe Beginnings, Inc.

SAFETY REBATES

Health Net offers a \$25 rebate on the purchase of a federally approved car seat for an infant, toddler or child. Also, Health Net offers a \$25 rebate on the purchase of a regulated sports helmet. If you would like more information about these programs, please call Health Net's Customer Contact Center at 1-800-289-2818.

WEIGHT MANAGEMENT

Weight Watchers® At Home Kit*

The At Home kit gives you information and resources by mail to follow our plan step-by-step at home. The kit includes weight-loss tools and bonus products that are conveniently delivered to your home. The At Home kit special value price is \$124.90, which includes shipping and handling. Call 1-866-896-2655 to learn more or to order your kit today.

Weight Watchers Online Subscription

With an Online subscription you can follow Weight Watchers step-by-step online, with interactive tools and resources like a weight tracker, progress charts, restaurant guides, and hundreds of recipes and meal ideas. The Weight Watchers Online subscription special value price is:

- 3-month subscription \$55.00 (A savings of \$10.00)
- 12-month subscription \$166.70 (A savings of \$50.85)

To subscribe, log onto www.weightwatchers.com/cs/healthnet/index.aspx.

*Available in participating areas only.

Weight Watchers is the registered trademark of Weight Watchers International, Inc. and is used under license.

Jenny Craig®

Join Jenny Craig and receive a free 30-Day Program*, 50% off the 6-Month Program* or 20% off Jenny Rewards 1-Year Program*. Together with one-on-one support, Jenny Craig will design a personalized, comprehensive program that fits your lifestyle. Log on to healthnet.com > *Decision PowerSM Health and Wellness > Member Discounts* to print your discount coupon. Members can call 1-800-96-JENNY for information about Jenny Direct®, the at-home program, or to find their nearest Jenny Craig Centre.

*Plus the cost of food and shipping when applicable. Discounts apply to membership fee only. Offer good at participating Centres and Jenny Direct® in the United States, Canada and Puerto Rico.



Health Net®
A BETTER DECISION

In Arizona, benefits are insured and/or administered by Health Net of Arizona, Inc. for HMO plans and Health Net Life Insurance Company for Indemnity plans and life insurance coverage. The Health Net of Arizona, Inc. service area includes all Arizona counties. Decision Power Healthy Discounts is not part of the Health Net medical benefit plans or affiliated with our provider network. It is an added resource Health Net makes available to Health Net enrollees. It may be revised or withdrawn without notice. ChooseHealthy™ is a trademark of American Specialty Health Incorporated.